

# ADULT TENNIS

## Autumn Term 2021



### ADULT COACHING PROGRAMME

**Commencing – Monday 13th September – Sunday 19<sup>th</sup> December 2021**  
**(Excluding Half Term - Monday 25<sup>th</sup> October – Sunday 31<sup>st</sup> October)**

Course	Day	Time	No of Sessions	Price
<b>ADULT BRONZE (Beginner)</b>				
Mixed Bronze	Monday	10:00-10:55am	13	£162.50
Mixed Bronze	Monday	12:00-12:55pm	13	£162.50
Ladies Bronze	Wednesday	10:00-10:55am	13	£162.50
Mixed Bronze	Thursday	1:00-1:55pm	13	£162.50
Mixed Bronze	Sunday	6:00-6:55pm	13	£162.50

Mixed Silver	Tuesday	7:00-7:55pm	13	£162.50
Mixed Silver	Wednesday	11:00-11:55am	13	£162.50
Mixed Silver	Friday	1:00-1:55pm	13	£162.50
Mixed Silver	Sunday	7:00-7:55pm	13	£162.50

<b>ADULT GOLD (Advanced)</b>				
Mixed Gold	Tuesday	12:00-12:55pm	13	£162.50
Mixed Gold	Wednesday	12:00-12:55pm	13	£162.50
Mixed Gold	Sunday	8:00-8:55pm	13	£162.50

ADULT PAY & PLAY SESSIONS			Members Price	Non Members Price
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ADULT DRILLS					
Mixed Drills	Thursday	10:00-11:00am	13	£10	£15

CARDIO TENNIS					
Cardio Tennis	Wednesday	9:00-10:00am	13	£5	£8
Cardio Tennis	Friday	9:00-10:00am	13	£5	£8

ADULT TEAM PRACTICE					
Ladies 1 <sup>st</sup> Team	Monday	8:00-9:30pm	13	-	-
Men's Teams	Tuesday	8:00-9:30pm	13	-	-
Ladies Midweek	Friday	10:00-11:30am	13	-	-
Ladies 2 <sup>nd</sup> Team	Saturday	2:00-3:00pm	13	-	-

ADULT SOCIAL TENNIS					
Social Tennis	Wednesday	7:00-10:00pm	-	FREE	-
Social Tennis	Saturday	3:00-6:00pm	-	FREE	-
Social Tennis	Sunday	3:00-6:00pm	-	FREE	-